



United Women in Faith

The Growing Edge

Vol. 39 Issue 2

**Puget Sound Missional District
United Women in Faith**

June 2023

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A President's Perspective

*Jasmine Ray-Symms, Acting President
Puget Sound Missional District*



Dear Sisters in Christ, I'm going to be honest with you. Your Puget Sound District United Women in Faith Executive Team is struggling. While our hearts are all in the right place, some of us on the team are worn out. Most of us are in leadership at the local level and some of us are in leadership at the conference level as well. Some of us have ministries outside of UWF that demand our time and attention. We need your help. Currently, we have several open positions we need to fill by September:

- President
- Vice President
- Treasurer
- Communications
- Membership Outreach and Nurture
- Social Action
- Nominations members

As you can see these are important positions that **MUST** be filled. My plea is that each of you seriously think and pray about whether you would be able to fill a position on the district team. You can do it with a buddy and share the role. Even if you're not sure, reach out and let us answer your questions.

The Puget Sound District (PSD) Executive Team is a group of amazing women striving to share the ministry of United Women in Faith (UWF) with our local counterparts. This is not something to take on lightly, but it is so rewarding. You will have the support of not only your fellow district officers but also your conference counterparts. Outgoing officers are more than willing to assist you in getting up to speed. I pray that you will consider taking on a role. You are very needed and may God bless your willingness to serve!

Jasmine Ray-Symms
Puget Sound Missional District President

We are women that care

Treasurer – Can you help us out?

Hello
Everyone,

Kendra Smith,
temporary
District
Treasurer,
current Pacific

Northwest Conference Treasurer, will be stepping down at the annual meeting in September. It is imperative that we find a treasurer for the District. Can you help? We can take one fabulous person or two great people that will share the job and keep all the accounts active. The new budget has been proposed, reviewed, and approved by the Executive Team. But, we need someone (or two) to come on board.

Please contact Jeannie Lish, Nominations Chair with your interest and any questions. We cannot continue without a treasurer.

Please raise your hand.



Expense Plan					
Category	Percent of Category		Annual		Percent Change
	Total	Spend	Spend	LY Spend	
Household Utilities	\$ 3,000	\$ 3,000	\$ 3,000	\$ 3,000	
Food	\$ 2,500	\$ 2,250	\$ 2,250	\$ 2,250	
Gasoline	\$ 1,500	\$ 1,200	\$ 1,200	\$ 1,200	
Coffee	\$ 1,200	\$ 1,000	\$ 1,000	\$ 1,000	
Insurance	\$ 1,500	\$ 1,500	\$ 1,500	\$ 1,500	
Travel	\$ 2,500	\$ 2,250	\$ 2,250	\$ 2,250	
Entertainment	\$ 2,000	\$ 2,250	\$ 2,250	\$ 2,250	
Vacation	\$ 1,500	\$ 2,000	\$ 2,000	\$ 2,000	
Miscellaneous	\$ 1,250	\$ 1,558	\$ 1,558	\$ 1,558	
Totals					
	Number of Categories				
	Average Spend				
	Min Spend				
	Max Spend				

There are four plans. Plan 1, five books from each category; Plan 2 is 10 books, Plan 3 is 15 books, and Plan 4 is 20 books. At the end of the year, at the Annual Meeting (September) certificates will be awarded to readers who have met these standards.

Attention: Units/Reading Program Chairs need to **report individuals participating in the reading program to me by August 8**. Send email to helen@geraldsmith.com or mail information to my address: 1156 Rolling Drive, Camano Island WA 98282. Information needed: the list of readers and the number of books read. I will issue certificates to local units at September Annual Meeting.

Keep on reading

Helen Smith
Program Resources Coordinator



A BOOK STUDY

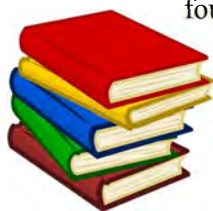
One of the books I'm reading is from the 2020-2021 list, Hidden Figures by Margot Lee Setterly. It's a historical representation of life during World War II in the aerospace/ defense industry. Remarkably, women had a pivotal role in many jobs at Langley Field especially women of color. They worked long hours separated from their families to make great strides in solving mathematical equations to develop airplane models. This was essentially the key to winning the war.

You may have seen the movie but even it didn't portray how brilliantly these women worked to solve problems.

Happy reading UWF members!

Program Resources

The reading program at the website uwfaith.org/resources/2023-reading-program/ has many plans. Basically, books can be from the previous five years or the current list. Books can be found at the local libraries or



bookstores and online sources, like Amazon. If someone reads at least one book, it can be counted as participation.

Plan 1: 5 books a year

Read one book from each category and regular reading of “response” magazine.

Plan 2: 10 books a year

Read two books from each category and regular reading of “response” magazine.

Plan 3: 15 books a year

Read two books from each category, plus “5” additional books from any category and regular reading of “response” magazine.

Plan 4: 20 books a year

Read two books from each category, plus “10” additional books from any category and regular reading of “response” magazine.

Reading Program

The Reading Program is a cherished tradition that brings together members to explore, share and discuss books.

There’s something for everyone—the Reading Program is available for:

- Adults, youth, and children
- Enlightening subjects in diverse genres, including:
- Education for Mission
- Leadership Development
- Nurturing for Community
- Social Action
- Spiritual Growth

Response magazine and the Faith Talks **podcast** are part of the Reading Program.

The current catalog at this link:
[2023 Reading Program Catalog \(uwfaith.org\)](http://2023ReadingProgramCatalog(uwfaith.org))

Ask questions if you cannot locate the books you want.



We encourage you to reach out to other churches to find some of the books on the list if you cannot find them at the local library. We realize you do not all have access to electronic versions of the books, so we are still reading real books.

Nominations



Nominations: District Chair: Jeannine Lish
Reaching out via email to the churches and to the women leaders with email addresses for your local women’s group has been a learning experience. So many of our UMC’s do not have active UWF units, or they’re struggling to maintain with aging members, health issues, and other difficulties. We can offer a supportive, creative fellowship with other women, a sisterhood of compassionate, caring, helping friends who will share their stories, and really listen to each other, as we reach out to others who may be alone, isolated, hurting, depressed, or suffering in other ways. We need one another, and if our renamed and reformulated largest women’s movement in the world is to continue, what can each of us do to help our local units grow, to support our District Leaders, and continue to make positive differences in our locality, our communities, our state, our country, and in the world? Together, we can!! Please volunteer, and encourage others to step up.

Social Action

Greetings! A special focus for ’23-24: Each of the churches in our PSMD is encouraged to step forward and become a unit of the **CHARTER FOR RACIAL JUSTICE CLUB! (CRJC)**.

OR... your women’s group, circle, fellowship , UWF unit, may take on this special challenge!. First, you’ll want to obtain the “*Racial Justice Charter*” (*find it on the website unitedmethodistwomen.org* to read and review.

Helpful tools are available online; try pnwumc.org/uwfaith/resources/racial-justice You can download all the information, forms, brochures, etc. at this website.

You'll want 1) the informative tri-fold, the 2) "*Becoming a Charter for Racial Justice Club*" application form where you report your accomplishments covering 3 areas: Unit Programming, Unit Enrichment, and Beyond the Local Unit. 3) the *Annual Report for Charter for Racial Justice Club Unit*.

Send in your "Becoming a Charter..." form when you have completed your first year - prior to our Puget Sound Missional (PSM) District Annual Meeting; send in your Annual Report each year after that —to our District Mission Social Action Coordinator

For 2023, please send your completed form to:
Jeannine Lish
email Jeanninelish@gmail.com
or mail your report to
17729 25th Ave NE,
Marysville, WA 98271.

This year our District Annual Meeting is Saturday, Sept 16 at the Bothell UMC.

Social Action Acting Coordinator,
Jeannine "Jeannie" Lish

Mission u



Last chance reminder.
July 21-22, 2023
Early registration ends June 30, 2023
Rates go up July 1, 2023

Have you been to Mission u? Is this your year?

"Mission u" is the primary mission education event for the Conference. The event provides opportunities for everyone: women, men, pastors, families, youth, and children to grow in understanding of the mission of the church in the current world context as well initiate opportunities for spiritual and educational experiences.

For participants, Mission u is an opportunity to study current issues impacting society with particular attention to the responsibilities of women in fulfilling the mission work of the church.

MISSION U

SAVE THE DATE: JULY 21-23, 2023

Place: Wesley United
Methodist Church,
Yakima, WA

Theme: Living the Kin-dom
Mission u theme for
2023-2024

Overview: This will be a two-year
study, with a distinct
curriculum created for
both and 2024 under the
broader theme of the
Living the Kin-dom.

Theological Rationale:
Living the Kin-dom

Curriculum

Purchase your Spiritual Growth Study Book in advance as they will not be sold at Mission u. The curricula we will be using are available for \$14.99 each plus shipping atuwfaith.org/events/mission-u/.

Adult Curriculum

Living the Kin-dom: Exploring the Lord's Prayer as a Spiritual Practice for Social Transformation

This curriculum explores the Lord's Prayer as recorded in Matthew 6:9-13. It is an invitation to take a deeper look at this prayer and its role in our

faith journeys. Moving from personal to communal application, the curriculum explores how the Lord's Prayer helps us "live the kin-dom" and become a reflection of God's love to the world."

CONFERENCE EVENTS

Conference events are open to members and non-members of United Women in Faith—all of you who wish to grow in mission understanding of the church in the current world context. Come, enjoy this learning opportunity.

Mission Today

From United Women in Faith website: Mission Today> The purpose of the Mission Today criteria serve to energize United Women in Faith to be more involved in mission through prayer, study, and action: Increase contacts between units and mission personnel and mission projects so that United Women in Faith understand what their money is supporting around the world.



Gold Unit: Complete at least 16 of the criteria, 10 of which must be marked with a star.

Silver Unit: complete at least 8 of the criteria, 4 of which must be marked with a star.

There are many things you can do to earn "credits" for Mission today and for many of us, we are just learning about them. At the March 25, 2023, meeting, we shared a copy of the list of items that count toward Silver and gold star certificates. Here is a link if you need a reminder. This link is especially for Pacific Northwest conference and has the information on where to send your accomplishments and receive a certificate.

[Mission Today Brochure Puget Sound 2023 \(pnwumc.org\)](http://pnwumc.org)

Spiritual Growth

Greetings Ladies!

Some of the 10 points that were shared when we held the Leadership Training in Edmonds on March 25 for our Spiritual Growth Coordinators:

* Understand and communicate the connection between personal spiritual development and mission, as expressed through social and global involvement. (Huh? Here's a topic for group discussion!)



* Organize and promote special times and events for worship, prayer, and meditation such as "A Call to Prayer and Self-Denial," retreats, ecumenical worship, social action and advocacy events and devotions at meetings.

* Equip women to engage in and lead biblical, theological and doctrinal study, utilizing the United Women in Faith *Program Resource*, *Daily Prayer Guide*, issues of *Response* magazine, and our Reading Program. Check out the *Book of Discipline* of the UMC 2016 for "Doctrinal Standards and Our Theological Task."

* Establish relationships with local nonprofits, churches, primary and secondary schools to extend our reach and impact within your community. want more ideas?

Contact me at: Jeanninelish@gmail.com
Jeannine "Jeannie" Lish, 425 923-8267
Jeanninelish@gmail.com
Chair of PSMD UWF Nominations
And Spiritual Growth Coordinator



**Puget Sound Missional District
Leadership Meeting
March 25, 2023
Edmonds UMC
Theme: “Lead on. Carry on”**

We need to build leaders among us.

This year’s District Leadership meeting was about getting back to the basics of United Women in Faith (UWF).

The break out sessions were for officers and a chance to discuss spiritual growth, social action, education and interpretation, and membership, and even nominations. It was a chance for anyone interested to find out more about their subject/responsibility and to ask questions.

The evaluations were very good. We did not get all the feedback we wanted for helping with your many talents as the district moves forward. As meetings and events come up, those requests will come out for teaching, art, flyers, leading a group, and organizing. We hope you are only a phone call away.

There were 34 women in attendance. Many thought the day was too short and they would have stayed longer to talk and meet new people.

We want to thank Deb Avery (President) and Joan Hackett (member) for coming from Vancouver, WA, representing the Pacific Northwest Conference and Seven Rivers District.



**SPIRITUAL GROWTH RETREAT
April 28 - 30, 2023**

There was 75 women gathered in the beautiful setting of Lazy F Camp and Retreat Center for Friday through Sunday inspiration, fellowship, fun and exercise. Rev. Shalom Agtarap led us in activities that related to our theme, “Celebrating Womanhood.”

Activities included presentations about ancient to modern day inspirational women thinkers and leaders. These presentations preceded blocks of time open for us to find areas for our own quiet meditation in the wooded setting beside a wilderness river. We were called together for each of our group sessions by fun and inspiring music organized and led by Penny Wharton, a retired school music teacher. Several other talented musicians joined her with a guitar and keyboard to form a spontaneous ensemble which added to the richness of the music. Molly Gerhard, a member of several weaver’s guilds, taught weaving on a variety of looms.

The women were able to create a beautiful bookmark for themselves on small looms or contribute to larger projects to be given to those in need. Saturday afternoon’s session was made up of small groups led by a number of women discussing various topics from crocheting crosses to an inspirational hike, to projects in Nigeria. One session was led by one of our national staff about the “Joy of Giving.”

The women had the opportunity to sign up for a 15-minute massage on Friday and Saturday. Saturday evening a movie and popcorn was available for those who chose to take part. Sunday morning, we had a closing session followed by communion. The retreat received positive reviews. The next retreat will be the year after next, 2025. Don’t miss it!

Sharon McDaniel, Spiritual Growth Coordinator,
UWF Pacific N.W. Conference

Date 2023-24	Times	CONFERENCE CALENDAR - EVENTS	Location
April 27-28		Spring Conference United Women in Faith Executive Meeting	Lazy F Camp & Retreat Center, Ellensburg, WA
April 28-30		Conference United Women in Faith Spiritual Retreat	Lazy F Camp & Retreat Center, Ellensburg, WA
June 4-6		Alaska Annual Conference	Hybrid
June 8-11		Oregon-Idaho Annual Conference	Hybrid
June 13-15		Pacific Northwest Annual Conference	Hybrid
June 15		Greater Northwest Annual Conference -Closing Session	Hybrid
July 20-21		Summer Conference United Women in Faith Executive Meeting	Wesley UMC, Yakama, WA
July 21-23		Mission u	Wesley UMC, Yakima, WA
September 16		Inland Missional District Annual Meeting	Sandpoint UMC, Sandpoint, ID
September 16	9am refreshments 10am -3pm	Puget Sound Missional District	Bothell UMC, Bothell, WA
September 16		Seven Rivers Missional District Annual Meeting	Wesley UMC, Yakima, WA
September 23		SeaTac Missional District Annual Meeting	Kent UMC, Kent, WA
September 30		Crest to Coast Missional District Annual Meeting	Vancouver Heights UMC, Vancouver, WA
October 20		Fall Conference United Women in Faith Executive Meeting	Olympia First UMC, Olympia, WA
October 20-21		Conference United Women in Faith Annual Meeting	Olympia First UMC, Olympia, WA
May 8-11, 2024		Western Jurisdiction Quadrennial Meeting.	Anchorage, Alaska

Check the [calendar on our website](#) for the latest updates.

**2023 Pacific Northwest Conference United Women in Faith
Conference Calendar**

Mark your calendars now for upcoming events

REGISTRATION FORM

Mission u Wesley United Methodist Church 14 N 48th Ave, Yakima, WA 98908

Name for your Name Badge _____

Address _____

City _____ State _____ Zip _____

Phone: _____ Cell: _____

Email: _____

Emergency Contact: _____ Phone: _____

Can you open MS Word documents (Word.docx or PDF)? Yes No

Church _____

District _____ Conference _____

Status: Is this your first time attending Mission u? Yes No

(Check all that apply): Pastor/Clergy Lay UWF UMM School Staff

Are you a UWF Officer? Yes No **Check all that apply:** Local District Conference

Gender (optional) _____ **Age Group:** 8-11 12-17 18 -35 36 and over

Dietary: Meals are served in a buffet style. The caterer will work hard to accommodate most diets by providing a variety of options. Gluten-free and diabetic choices will be available.

Food Allergies: _____

Meals included: Friday dinner and Saturday lunch and dinner.

ADA needs: We are happy to help you prepare for an enjoyable experience! Please share your challenges or concerns. If we don't know before the event, we may not be equipped to assist:

If childcare was offered, would you need it? Yes or No Ages _____

Do you need a lanyard for your name badge? Yes or No

Children and Youth registrants: Completion of the [Medical Release Form](#) and [Covenant for Responsible Adult Form](#) is mandatory for attendance. Youth must complete [Youth Covenant Form](#). Find the forms here www.pnwumc.org/uwfaith/mission-u-forms.

Can we use your photo in promotional materials? Yes or No

Can National Division use your contact information? Yes or No

Study Books: Spiritual Growth Study books are available for purchase online at uwfaith.org/resources/
Books will not be sold at Mission u.

Hotel Information

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1. Home2 Suites by Hilton
2420 W. Nob Hill Blvd.
Yakima, WA 98902
509-574-7840
Room rates: \$165
Group Name: PNWUW</p> | <p>2. Comfort Suites
3702 Fruitvale Blvd.
Yakima, WA 98902
509-249-1900
Room rates: \$159
Group Name: PNWUWF</p> |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|

Registration Cost

Early Bird Price — \$125.00 — May 1 to June 30, 2023

Regular Price — \$150.00 — Forms postmarked between July 1 and July 7, 2023

*****FUNDING PROVIDED BY*****

Local Church/UWF	\$ _____	from: _____
District Church/UWF	\$ _____	from: _____
Conference Church/UWF	\$ _____	from: _____
Personal Check	\$ _____	from: _____
Total:	\$ _____	Participants are responsible for the difference.
Total amount enclosed	\$ _____	Make checks payable to MISSION u

***Pre-payment, including scholarship funds, is required. *NO payments accepted at Mission u.**

Mail completed a registration to:

Linda Mills, Registrar
12431 SE 198th Pl
Kent, WA 98031

For questions, call or text Linda at 206-399-2302 or email: wmil1218@aol.com

A confirmation letter will be emailed to you.

If you indicate you do not have an email address, the letter will be mailed to you.

Scholarships

Scholarships are available for up to \$125.

(See above for registration cost)

Scholarship Deadline June 30, 2023.

Please apply to your Local Church/UWF and District UWF first.

Scholarship Application available at <https://www.pnwumc.org/ufwfaith/mission-u-forms>

Contact: Linda Mills – wmil1218@aol.com – 253-859-2964



Puget Sound Missional District

United Women in Faith Annual Meeting

Saturday, September 16, 2023
Bothell United Methodist Church
18515 22nd Avenue NE
Bothell, WA 98011
425-486-7132 church

Theme: Finding the United Women in Faith within: Different Paths for Different People

Scripture: Hebrews 11:1 Faith is the reality of what we hope for, the proof of what we don't see



Registration Check-in, Refreshments and Fellowship – **9:00 am**
Singing in Sanctuary 9:50
Program – 10:00 – 3:00PM
Registration is \$12 to cover lunch.

The day will include the following:

Opening /Welcome – Susan Alderin, UWF President
Invocation- Pastor Kristin Joyner
Doxology
Prayer
Keynote Speaker: Estella Wallace, National Director
Lunch
Treasurer's Report
Nominations Results
Spiritual Growth
Education and Interpretation
Lighting Mission Candle
Membership Update
Slate of Officers – Incoming and exiting officers
Remembrances for members who have passed
Reading program certificates
Mission Today Certificates
Freewill offering – to Mission Giving
Closing

Puget Sound Missional District
United Women in Faith
ANNUAL MEETING
Saturday, September 16, 2023

Bothell UMC
18515 22nd Avenue NE
Bothell, WA 98011

REGISTRATION FORM
ALL ARE WELCOME



(Please print)
Your UNIT NAME / Church
and provide the following information

Name	Phone	email

Join us for worship, singing, and FUN getting acquainted.

Registration form Deadline: September 10, 2023.

Registration forms can be mailed or emailed to registrar:

Each person is charged for registration/lunch. Checks for \$12.00 are payable to PSD United Methodist Women
Pay at door, or send in with registration.

Registrar:

Pat Rudd

2513 Cedar Street

425-418-2528

Everett, WA 98201

scarpat@frontier.com

We look forward to seeing you.

NOTE: The Church is entirely accessible to persons with mobility issues, such as wheelchairs and walkers.

Please indicate if you need childcare.

Provide note if person(s) have dietary restrictions.

For any questions contact District Communications Coordinator: Gay Johnson 425-771-6569
(gajedmonds1325@yahoo.com)