

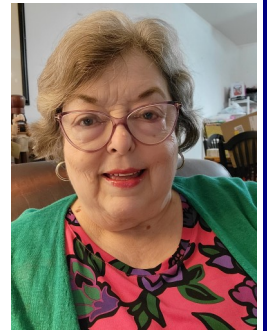


SeaTac Missional District Newsletter

JUNE 2024

President's Pen

Greetings and blessings to each United Woman in Faith. Our new name is still fresh for many of us and not as easy to use and I know I am often saying United Methodist Women or UMW when I talk to people about our organization. I am so pleased with the new direction we are taking and our inclusion of so many others who want to be part of us. I know I am still working out what all of this means and how to explain it to others. I just know I am still part of a wonderful group of people with similar thoughts and interests and are still committed with my faith.



I have signed up for United Women in Faith online and there are so many opportunities for connection and learning and listening. I know for many of you, this is very confusing, and we hope to be able to help and make it easier to become involved. It is easy for people who are more connected with computers and the internet, we realize that there needs to be more assistance to get others involved. This is one area that your SeaTac Board is exploring.

The board is making plans for the annual meeting this fall. We have a date of Saturday, September 28, 2024 and location is Fairwood United Methodist Church in Renton, WA. Details will be sent soon.

I know that many of the units are going through challenging times since the pandemic and even before. Some units have become inactive or even disbanded. The board would like to reach out to as many of you as possible to see where we can direct you to assist with membership, programs, fellows and our United Women in Faith online presence as I mentioned above. Please call us. Our contacts are in the directory. If you need a copy send me an email at dwilson2009@comcast.net or text to 206-852-6872.

The Reading Program continues to be a source of inspiration and thoughtful reflection. There is a new list each year. For those working to complete the "Reading Program" the books continue to count towards the program from the lists going back 5 years. Not everyone wants to do this program. There is a broad selection to choose from and you are encouraged to try one of the books. You may also gain credits for the Reading Program Certificate by listening to the podcasts online, reading articles from Response magazine available in print and online. More info included and a book report from Carol Sprague, Program Resource Coordinator. She loves to read!!

Many of you are also doing the Mission Today program with your unit. This gives ideas to help with a rounded program of activities, mission, service and financial giving for the unit. A copy of that is included in this email.

Look for more information soon!

Sincerely, Diana Wilson, President, SeaTac Missional District UWF



MORE INFORMATION COMING

Mark you calendars for:

***SEATAC DISTRICT
UNITED WOMEN IN FAITH
ANNUAL MEETING***

Saturday, September 28, 2024


***Fairwood United Methodist Church
Renton, WA***

Registration form coming soon.

Colossians 1:16-17
"For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together."



Registration is still open for Mission u



Mission u is the annual mission education opportunity for the Pacific Northwest Conference. We meet at Wesley UMC in Yakima, WA, for three days of learning and fellowship. Wesley UMC is our location of choice because of its size, its hospitality, and that it is centrally located for participants arriving from northern Idaho and all of Washington State.

Save the dates of July 25-27, 2024. We will reserve a block of rooms; children and youth are welcome to join, and an age-appropriate curriculum will be provided.

The curriculum for this year's study is entitled: "Welcome Home," by Neomi Fletcher, with Contributors Parker Roberts and Sandra Williamson. The book is available for purchase through the United Women in Faith website: [Mission u | United Women in Faith \(uwfaith.org\)](https://www.uwfaith.org). This link opens to the order page for the Adult curriculum book, as well as those for Youth and Children.

Plan to attend this Spirit-filled gathering. We are working to identify opportunities for home hospitality where some may stay in the home of members of the congregation while participating at Mission u.

The United Women in Faith reading list has been compiled for 2024. So many of our members are dedicated readers. Here is a link to the Reading Program Catalog for 2024:



[United Women in Faith – 2024 Reading Program Catalog \(uwfaithresources.org\)](https://www.uwfaithresources.org)

Remember, you can go back five years to compile your report of books read for the year. Some used United Women in Faith books will be available for purchase at Mission u.

Plan to come to Mission u this year. Bring your children or grandchildren along for a great weekend.

Registration forms and information can be found at the end of the newsletter.

We hope that you are able to attend this event. It is a time for YOU. Child-care is available for parents and grandparents.





PROGRAM RESOURCES



Carol Sprague, Program Resources Coordinator

Happy June Everyone. I'm so thankful warmer weather is finally here.

I hope everyone has been able to read some of the books from our UWF Reading lists over the past several months. The books span five categories: Education for Mission, Leadership Development, Nurturing for Community, Social Action, and Spiritual Growth. There are books on each year's lists that always take me out of my comfort zone and expand my appreciation for these writers.

Whether you are doing Plan I, II, III, or Plan IV the books from the years 2019 - 2024 lists can be counted on the annual Reading Report Forms. I will be collecting these forms from the local units in August to include at the annual SeaTac District meeting this fall. If any local unit has questions about the Reading Lists let me know. They can be downloaded from uwf.org/resources/reading-program.

Did you know there are also other ways to receive Reading Program Credit?

Listen to the Faith Talks podcasts (One credit in Spiritual Growth for 2+ episodes)

Listen to the Voices from the Field podcast (One credit in Education for Mission for 2+ episodes)

Read Response Magazine (One credit in Nurturing for Community for reading one year's issues (6))

One credit in Spiritual Growth for reading a Mission u study on your own

Two credits in Spiritual Growth for joining a Mission u study together with others as a leader or participant

KEEP READING AND GOD BLESS!





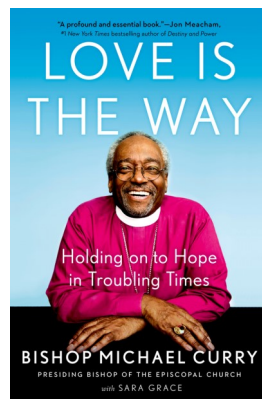
PROGRAM RESOURCES

BOOK SHARING AT OUR SEATAC DISTRICT ANNUAL MEETING

Are there books from the UWF Reading Program that you or your UWF library may no longer wish to keep? How about sharing them with ladies from other churches?

We will have two tables set up at our annual meeting in September.

-Table ONE will be for books on the Reading Program that we personally own or our church UWF library has on the shelves. These would be for **"Display Only"** to browse to see if you are interested in purchasing them to read for UWF Reading Program credit and to enjoy books from maybe a category you haven't read from recently.



-Table TWO will be a **"Sharing"** Table for books that you bring that you have read but no longer wish to keep but others may be interested in purchasing them. There will be a **free-will donation basket** on this table with the monies going to our Mission Giving program.



SPIRITUAL GROWTH

Janice Bronkema, Spiritual Growth Coordinator

The Friend Who Is Always Beside You

Many people who read the Bible stumble when they come across the command to be filled with the Spirit. Actually, being filled with the Spirit is a relatively simple concept, and it's one of the most exciting promises in the Bible. Filled means "to be led, controlled, empowered" by the Spirit of God. Becoming filled with Spirit is not difficult – you don't have to go through any long processes.

You become filled with the Spirit in your life simply by turning over your motivations and concerns to God. Through the Spirit who lives in you – a bit of a mystical concept, but a reality to those who invite him to take charge of their lives – you find that God gives you resources day by day to live as he wants you to.

At times, you may be sitting in a doctor's office, in church, or at a meeting, and the Spirit will speak to you. The Spirit's voice might direct you in many areas - often with small details He might suggest, Make yourself a note to write a letter of encouragement to this person. Or he may draw your attention to a certain person. Go chat with this one. She looks like she needs to talk to someone.

The filling of the Spirit is like having a friend right inside your mind and heart. He can speak, lead, encourage, or empower you at any time. At times, you won't even be aware that he is there because his gentle touch is so subtle.

The above came from the book 100 favorite Bible Verse for Women Date 2010 from Hallmark Gift Books

The Bible verse is Ephesians 5:18 Do not be drunk with wine, which will ruin you but be filled with the Spirit.

I do so hope to see many of you at the District Annual Meeting in September.



UWF Western Jurisdiction Quadrennial

The United Women in Faith Western Jurisdiction Quadrennial meeting was held in Anchorage, Alaska at the Captain Cook Hotel from May 9-11.

Women who attended from the SeaTac District were: Rev. Yvonne Agduyeng, Pastor at Redmond UMC and her mother, Myrna Agduyeng, Gail Simpson, PNW Conference Membership Nurture & Outreach (MNO) Coordinator, Linda Mills, SeaTac District MNO, and Carol Sprague, SeaTac District Program Resources Secretary. We had a wonderful and inspiring time. Approximately 250 women gathered from all over the Western Jurisdiction.

Our theme was “*Get Together*” based on John 13:34 NIV. “A new command I give you: Love one another.”

Our daily themes were INSPIRE, INFLUENCE, and IMPACT. Rev. Emily Carrol, Lead pastor at First UMC in Anchorage led a talk on each of these themes. Sally Vonner, our National CEO was one of our excellent speakers. Retiring Bishop Karen P. Oliveto from the Mountain Sky Conference led Communion. We elected women who will represent our Western Jurisdiction as national Board of Director members. Madelyn Bafus who represents Pacific Northwest Conference was elected as our Chair of Nominations.



UWF Western Jurisdiction Quadrennial (continued)

There were several informative and meaningful workshops including *Climate, Health Equity and Culture* facilitated by Jackie Qatanlina Schaeffer and *Restorative Justice: Redeeming Harms of the Past to the Native Church* presented by Maxine Reichert. Glenna Kyker, PhD presented *I stole your land and now I'm keeping it: How to Create an Appropriate Land Acknowledgement*.

One of the unique highlights of our event was the performance by the Anchorage Unangax Dancers, representing Aleutians from across the region. They shared their traditional song and dance, a cultural treasure that they proudly share with the world. We also had the privilege of experiencing the Ola Toe Fuataina United Methodist Choir, whose name translates to 'New Beginning' in the Samoan culture, as part of our closing worship celebration.

After a long wait of eight years, we were filled with anticipation and joy to finally meet in person. This event was a testament to our shared commitment, a time of singing, praying, celebrating, learning, and connecting. The view of the majestic Chugach Mountains from our hotel and all over Anchorage was a breathtaking backdrop to our shared experiences.

Linda Mills
Membership Nurture and Outreach Coordinator



Become a Mission Today Unit in the SeaTac Missional District



United
Women
in Faith

What is Mission Today?

Mission Today serves to energize United Women in Faith to be more involved in mission through prayer, study, and action by:

- **Increasing contacts between local units and mission** personnel and projects so that the units can understand what their money is supporting around the world;
- **Encouraging the use of mission resources** offered through United Women in Faith;
- and Expanding the concept that **promoting Social Justice is a mission.**

Mission Today Unit Requirements

The requirements are listed in the SeaTac District Mission Today form that can be found at [this link](#) on our PNW UWF website.

- Gold Units need to complete at least 12 of the criteria, 6 of which must be marked with a ★
- Silver Units need to complete at least 6 of the criteria, 3 of which must be marked with a ★

(Units that have under 15 members, use half of the above-mentioned numbers in all categories). The recording period to become a Mission Today Unit is from September through the following August. Mission Today units receive a certificate and are recognized at the District and Conference Annual meetings.

**Please complete the form on the reverse side and send the form
by August 15 to:**

Diana Wilson

1123 174th Ave NE, Bellevue WA 98008 or

dwilson2009@comcast.net

THE PURPOSE

We are a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Unit News

St. Peter's UWF, Bellevue



St. Peter's UMC in Bellevue has an active group of knitters who gather monthly for updates and fellowship in support of the Operation School Bell Program which supports the Assistance League of Snohomish County with homemade hats and scarves. This group includes women from St. Peter's as well as friends who join in this valuable service project.

St. Peter's UWF sponsored an all-church clothing and food drive for Riverton Park UMC asylum seekers, which started in November 2023 and concluded at the end of January 2024. There was an outpouring of support for the asylum seekers who were camping out at the church at that time. This was during the months of bad weather and up to 400 people at the church. The UWF also collected monetary donations and were able to purchase clothing and a tent. I know many of you in our District as well as others who followed the news have been able to support this project.

Mason UWF. Tacoma

Diana Wilson, President, and Linda Mills, MNO Mission Coordinator, visited the Mason UWF unit in Tacoma in February. We shared the history of the name change and also helped explain the channels of giving for our mission money. We have officers from the Executive Board who can visit your unit if you are interested.

The Circuit Writer is the digital newsletter of the SeaTac Missional District United Women in Faith. It is published in PDF format.

To receive an email copy please send your name and email address to Diana Wilson, Editor, at dwilson2009@comcast.net or phone at 425-641-3297 to receive a paper copy or to be added to the electronic copy distribution list.

In Memoriam—Phyllis Reynolds



We remember Phyllis Ann Reynolds (Young) born July 23, 1942, in Fort Scott, Kansas to Phillip and Alice Young. She moved with her family to Chinook, Montana, and then to Seattle where she attended Ebenezer A.M.E Zion Church. She eventually married and raised a family.

Phyllis enjoyed bowling with her parents, family and friends. Throughout Phyllis' career she worked for the federal government including the United States Postal Service, and later retired as an Accountant in The Department of Interior. In retirement Phyllis took to crafting, and whether it was crocheting, sewing, or ceramics; Phyllis excelled, making beautiful items that many of us enjoy to this day. Also in her retirement she gave of her time and gifts to the church.

Her true gift was service, having served as a President of the United Methodist Women's Council, and as liturgist at Grace United Methodist Church, where she attended in her adulthood. She served for many years as the unit President of United Methodist Women, now known as United Women in Faith. Phyllis also served two terms as Seattle District President, followed by Secretary of the PNW Conference. Phyllis served a term as the Dean of the Christian School of Missions, currently known as Mission U, which is an annual educational event jointly sponsored by United Women in Faith and the United Methodist Church. Phyllis had a beautiful voice and shared that gift by singing in numerous choirs.

At Age 82, Phyllis Ann Reynolds, having suffered a stroke with accompanying health challenges, passed away peacefully on Thursday, March 21, 2024, surrounded by loved ones. She was greeted by the heavenly hosts, her father and mother, Phillip and Alice Young: and her grandson Marshall Curtis Jones, III. Phyllis is survived by her sister Mary Jo, and her daughters Annette, Anita, Angela, and Alicia. Her grandchildren, Phillip (Ciarra), Ariana, Donald Jr., Dante, and Ava. And her great-grandchildren, Ayden, Yaminah, and Zade.

Connect With United Women in Faith Online

PNW CONFERENCE WEBSITE: pnwumc.org/uwfaith/

NATIONAL WEBSITE: uwfaith.org

FACEBOOK: [Facebook.com/uwwomenfaith](https://www.facebook.com/uwwomenfaith)

FACEBOOK: [Facebook.com/pnwuwfaith](https://www.facebook.com/pnwuwfaith)

INSTAGRAM: [Instagram.com/uwfaith](https://www.instagram.com/uwfaith)

PINTEREST: [Pinterest.com/uwfaith/created](https://www.pinterest.com/uwfaith/created)

TWITTER: [Twitter.com/uwwomenfaith](https://twitter.com/uwwomenfaith)

YOU TUBE: [Youtube.com/user/uwfaith](https://www.youtube.com/user/uwfaith)

FLICKR: [Flickr.com/photos.UMWomen](https://www.flickr.com/photos/UMWomen)

Resources for Enrichment

United Women in Faith offers many ways for you to enrich your life, live your faith and put love into action.

Discover inspiring podcasts and webinars that will help you explore how love in action changes the world with every episode.

Voices from the Field <https://www.youtube.com/watch?v=vXgwu0rP3zY>

Faith Talks, Podcasts & Webinars

<https://uwfaith.org/resources/podcasts/>

How to Subscribe to Response Magazine

<https://uwfaith.org/resources/response-magazine/>

New Free Resources Available! <https://uwfaith.org/resources/>

MISSION GIVING RESOURCES

[Burning a Candle in Honor or Memory Form](#)

[Burning a Candle in Honor or Memory Instructions](#)

[Gift in Mission & Gift in Memory Card Order Form](#)

[Mission Giving Brochure](#)

[Mission Giving Pledge Card](#)



2024 PNW UMF Conference Calendar

July 25, 2024	Summer PNW Conference UWF Executive Meeting Wesley UMC, Yakima, WA
July 25-27, 2024	Mission u Wesley UMC, Yakima, WA
September 28, 2024	SeaTac Missional District Annual Meeting Fairwood UMC, Renton, WA
October 18-19, 2024	Fall PNW Conference UWF Exec.Meeting Oct. 17 PNW Conference Annual Meeting Spokane Valley UMC, Spokane, WA

SeaTac Missional District Officers for the 2023-2024 Year

President	Diana Wilson
Vice President	Marilyn Hoff
Secretary	OPEN
Treasurer	Rachel Hall
Education & Interpretation	Open
Membership Nurture & Outreach Coordinator	Linda Mills
Spiritual Growth Coordinator	Janice Bronkema
Social Action Coordinator	OPEN
Communications Coordinator	Diana Wilson
Program Resources Coordinator	Carol Sprague
Nominations Committee	Open

Paul writes, "Friends don't get me wrong: By no means do I count myself an expert in all of this, but I've got my eye on the goal, where God is Beckoning us onward to Jesus. I'm off and running, and I'm not turning back."

Philippians 3:14-19 (MSG)



SAVE THE DATE!

**You are invited to attend
The United Women in Faith of the
Pacific Northwest Conference**

Annual Meeting

October 18-19, 2024

Spokane Valley United Methodist Church

"Expanding the Vision: Trust the Nudge"

Keynote Speaker:

**Sue McGrath
Spiritual Counselor and acclaimed author**

**Watch for your registration
Form in August.**