

Timely Reflections

INLAND MISSIONAL DISTRICT UNITED WOMEN IN FAITH

MAY 2024

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CALENDAR 2024

PNW Conference:

July 25-27 Mission u Yakima

October 18-19 Annual Meeting Spokane Valley

Inland District:

August 17 Soul Care Saturday Clarkston UMC

September 21 Annual Meeting Audubon Park UMC

PRESIDENT'S PONDERIINGS

Hallelujah! As I write this message General Conference has closed, leaving United Women in Faith celebrating the affirmation of 18 of our 19 petitions with a very close vote on the 19th. I echo General Secretary and CEO Sally Vonner's statement commending our church for uplifting women, children and youth. Still our work must not stop---and it begins with each of us—where we are and beyond.

Legislative action was successful as, after several years' lapse, Idaho's Maternal Mortality Review Board was reinstated. Lifting our voices matters!

Our District shared unique talent focusing on a lute during Leadership Development at Lazy F last month. Time out from learning about one's offices and time with National staff member Shannon Priddy was spent enjoying fellowship and talent from around our Conference. Nearly all our Executive Team was able to participate. Read reflections from their experience in this issue.

Five of the Team are "off to Alaska" to experience Western Jurisdiction's special event. I look forward to hearing from them.

I hope to see many of you at Mission u in Yakima. This will be my 29th CSOCM/Mission u. Scholarships may be available from your local unit, district and conference so I encourage you to read and share the information in this issue and make space on your summer calendar for this special event that is sure to "Inspire, Impact, and Influence" you.

New this year is Soul Care Retreat August 17th in Clarkston, WA., an enrichment experience focusing on deepening relationships with each other and our Lord. So much to celebrate!

Amen!!

Judy Dirks, President

THE PURPOSE

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities.

Save the Date!

Inland Missional District Annual Meeting will be held Saturday Sept. 21, 2024



at Audubon Park UMC in Spokane.

Our topic will focus on food insecurity in the Inland Northwest and how we can help organizations who provide for families in our area. Mark your calendars so that you don't miss this interactive annual meeting which will allow us to share our faith, food, and fellowship as United Women in Faith! We will be doing some "hands-on" activities and will also get to engage in a question and answer (Q & A) with our special guest speakers. Be watching the next newsletter for registration information and a list of items you will be able to donate for a local food bank.

Blessings,

Melissa Jaquette, Inland District Vice President

Faith Talks

Faith Talks is a monthly conversation with members of United Women in Faith, hosted by Jennifer R. Farmer. Each podcast is presented on zoom and lasts approximately 1 hour. Each month explores current topics from experts in the field of study. I started watching these podcasts during the Covid shutdown.

Faith Talks (cont.)

At this time there are 86 episodes available to listen to. Once the webcast is over there is a taped recording of the episode. This is usually available within the following week.

To find these recorded podcasts go to the United Women in Faith website. Go to the menu and under Resources click on Podcasts and Webinars. To subscribe to the live podcast go to https://uwfaith.org/login/. There are many resources under this link and all are helpful.

I find it very interesting to watch and see all the different topics that are presented.
Linda Hansen

Spiritual Growth

Gifts - James 1:17

Spiritual gifts are not given only to select, elite believers. God gives gifts to everyone who turns to God for salvation through Jesus Christ (Hebrew 2:4). If you have accepted the salvation of God, you have received gifts. Just as we receive common gifts as the result of physical birth, we also receive special gifts as the result of spiritual birth.

Gifts are given so each believer may serve others in Christ's name. This is both serving people of God in the church and those outside the church. The Greek word, diakonia, means service done for others in the spirit and love of Christ.

Have you identified gifts God has assigned to you? What could be more meaningful than discovering your gifts and knowing God's will for you? Identifying your gifts supports effective service to and through the church. Discovering and applying your gifts is a means to be alive in a meaningful, robust way.

There are a number of tools to assess ones spiritual gifts. For instance, the United Methodist Church website (https://www.umc.org/en/content/exploring-your-spiritual-gifts) has a link to a Spiritual Gifts Inventory that was used in conjunction with recent PNW Conference UWiF leadership training. Books such as Rediscovering Our Spiritual Gifts by Charles Bryant offer scriptural perspective on gifts. Consider having members of your circle/unit complete assessments. Thereafter have a program defining/discussing the practical application of spiritual gifts. Please know, as Spiritual Growth Coordinator, I offer my assistance to develop/deliver programs.

God's peace - Kathy M Johnson

SECRETARY

I'd like to welcome Lewiston First back to United

Women in Faith. We missed you! Directory Updates: Lewiston First:

President: LaFawn Hamm

1707 Richardson Ave, Lewiston, ID 8350l 208-790-8187 hammandbrown@gmail.com

Vice President Cottie Hood

3325 16th St., Lewiston ID 83501 208-413-2954, cleshood@gmail.com

Secretary: Melody Boardman

1044 Hemlock Dr., Lewiston ID 83501

208 -791-1252, melodyboardman.89@gmail.com

Treasurer: Sue Stutzman

1539 Powers Ave. Lewiston, ID 83501 208-746-2717, hatlady@centurylink.net.

Unit Presidents and Secretaries:

Please continue to send directory updates so we can

We are close to three quarters through our calendar

stay up-to-date.

nanahen6@comcast.net Susan Henderson, Secretary

Program Resources

year of reading for the UWiF book program. Our weather prediction for the next 3 days is cooler, rainy, and I am more inclined to cuddle with a good book! Our book selections for 2024 have exceeded my expectations and through our Clarkston book study group participants, I have been introduced to past offerings that promise valuable lessons. In a few months, I hope you will send to me your plan I or II reading lists. It would be helpful to receive them by August 1st. I want to acknowledge each units' participation in what is the UWiF's most popular learning tool. Don't forget about the 4 bonus books that count as 2 readings each: Braiding Sweetgrass, by Robin Kinmerer; The 1619 Project: A new Origin Story, by Nikole Hannah Jonas; Our Strangely Warmed Hearts: Coming out into God's Call, by Karen P Oliveto, and I'm Black. I'm Christian. I'm Methodist, edited by Rudy Rasmus. You may receive credit for listening to the Faith Talks podcast (1 Credit in spiritual growth for 2+ episodes), or for listening to the Voices from the Field podcast, (1 credit in Education for Mission for 2+ events). Don't forget response magazine! A reminder if you do not have a discussion group available to your unit: Mighty networks has a group for first time participants.

Program Resources (cont.)

Go to bit.ly/reading –enthusiasts. Their mission is reading to understand the world, change the world and grow in faith.

I am currently reading "Beautiful Country" by Qian Julie Wang, (Leadership Development) and finished "Eleanor, a Spiritual Biography". Both books will inspire you. Please contact me by email if any questions. <a href="mailto:theta:the



It is with gratitude I wish to share this certificate received in the mail today! It is issued by Sally Vonner, General Secretary/CFO and Tamara Clark, Treasurer/CFO of our National organization of United Women in Faith. With the generosity of giving by women throughout our conference, in units large and small, we were able to provide 163 % of our pledged giving for mission and ministry with women, children and youth. We had pledged \$50,000 and were able to submit \$81,617! This assures that our legacy of mission will continue into the future. Your creative fundraising along with individual pledged giving is making a difference. Even though we continue to navigate our "new normal" we continue to be faithful stewards in order to be open to areas of ministry to which we are being called.

Deb Avery, PNWC United Women in Faith President

Mission Today

Make and meet a Pledge to Mission
Become a Five Star Unit by contributing to all five channels of Mission Giving: Pledge to Mission, Gift in Memory,
Special Mission Recognition, Gift to Mission, World Thank Offering, or become a Seven Star Unit by adding Mission Magic
and Love Ribbons *
Use the Prayer Guide to pray for people in mission and for mission work with women, children, and youth*
Have two or more members subscribing and reading response Magazine*
Two or more members attend a District, Conference, or National meeting/training event in person or by Zoom*
Two or more members attend the Local Leadership Membership Training event*
Make a contribution to the Legacy Fund*
Two or more members complete one of the Reading Program Plans, report on one of the books, and encourage
members to complete Plan 1*
One or more members join the United Methodist Women's Action Network to receive and respond to information
on legislative issues*
At least one member of the unit participates in Legislative Day*
Write to five people listed in the Prayer Guide, two or more times a year
Participate in the Campaign for Children in two or more ways: support a church or community program related to
children and youth needs, support the Children's Defense Fund; write, email, or call legislators or other representatives
regarding children's issues; learn how schools are funded.
Include a mission moment, lifting up and reporting on a mission story from response Magazine.
Have a Bible or Book study group during the year.
Participate in the "Call to Prayer and Self Denial" offering
Invite a District or Conference officer who is not part of the local unit to one or more meetings during the year
Your unit made a contribution to the PNWUWF Conference Endowment Fund, or Nome Community Center
Two or more members volunteer at a community-based Foodbank, feeding program, or women's shelter.
Donate material items to Nome Community Center, Atlantic Street Center, or Tacoma Community House
One or more members attend Mission u*
Contact Information:
Name:_
Phone or email address:
Unit:_

Return to:

Charlene Mullis, Inland District Education and Interpretation

Email: charlenemullis@gmail.com

Address: 6731 Chippewa Dr Bonners Ferry, ID 83805-7519

BECOME A MISSION TODAY UNIT

What is Mission Today?

Mission Today serves to energize United Women in Faith to be more involved in mission through prayer, study, and action by:

- Increasing contacts between local units and mission personnel and projects so that the units can understand what their money is supporting around the world;
- Encouraging the use of mission resources offered through United Women in Faith; and
- Expanding the concept that promoting Social Justice is a mission.

Mission Today Unit Requirements

Set a goal early on and check the boxes inside this brochure as you complete each item! The complete list is on the reverse side.

- Gold Units need to complete at least 12 of the criteria, 6 of which must be marked with a ★
- Silver Units need to complete at least 6 of the criteria, 3 of which must be marked with a ★

(Units that have under 15 members, use half of the above-mentioned numbers in all categories) The recording period to become a Mission Today Unit is from September through the following August.

Complete and send the form on the reverse side to your District Mission Coordinator for Education & Interpretation or designated person by August 15

MISSION COORDINATOR FOR EDUCATION & INTERPRETATION POSITION

Mission Education & Interpretation increases the power and effectiveness of United Women in Faith by:

- Helping members understand the mission and outreach ministries of the church;
- Emphasizing the need for continued financial support for the programs and mission of the United Women in Faith;
- Discovering ways to educate and interpret the mission and social justice priorities of United Women in Faith, and inviting the talents of new members;
- Promoting the use of response Magazine and New World Outlook Magazine, utilizing these resources as part of United Women in Faith's outreach to local units
 The Mission Education & Interpretation Coordinator relates to the Other Mission Coordinators in the
- The Mission Coordinator for Social Action to expand traditional concepts of mission;
- The Mission Coordinator for Spiritual Growth to act on our Biblical and theological foundations for mission and mission giving; and
- The Mission Coordinator for Membership Nurture and Outreach to promote and interpret mission education and mission giving to individual members

MARK YOUR CALENDARS!

Mission u-July 25:21, 2024, Wasley UMC, Yakima, WA
The Kin-dom" Is Among You - Droswing
Clos or to God and One Another

Adult Study Leaders: Katherine Parker, Ronda Cordill, and Yvonne Agduyeng; Youth Study Leaders: Myra Salapang-Duncan and Lyn Rush; Children's Study Leaders: Sue and Terry Raymond

Mission Education & Interpretation

Expanding the Power of Our National Mission Locally

Pacific Northwest Conference United Women in Faith





Women in Faith



Mission u The Kin-Dom is Among You - DRAWING CLOSER TO GOD AND ONE ANOTHR July 25-27, 2024

Wesley United Methodist Church - 14 N 48th Ave, Yakima, WA 98908

Name for your Name Badge
Address
City Zip
Phone:Cell:
mail:
mergency Contact: Phone:
Can you open MS Word documents (Word.docx or PDF)? Yes O No O
District Conference
tatus: Is this your first time attending Mission u? Yes O No O
Check all that apply): Pastor/Clergy O Lay O UWF O UMM O School Staff C
re you a UWF Officer? Yes O No O Check all that apply: Local O District O Conference C
Gender (optional) Age Group: 5-12 (13-17 (18 -35 (36 and over (
Dietary : Meals are served in a buffet style. The caterer will work hard to accommodate most diets laroviding a variety of options. Gluten free and diabetic choices will be available.
ood Allergies:
Meals included: Thursday dinner; Friday lunch and dinner
ADA needs: We are happy to help you prepare for an enjoyable experience! Please share your hallenges or concerns. If we don't know before the event, we may not be equipped to assist:
childcare is available for ages 2-4. Do you need childcare? Yes O or No O Child or Children's ages
o you need a lanyard for your name badge? Yes O or No O
children and Youth registrants: Completion of the Medical Release Form and Covenant for Responsible Advorm mandatory for attendance. Youth must complete Youth Covenant Form. Find the forms he www.pnwumc.org/uwfaith/mission-u-forms.
an we use your photo in promotional materials? Yes O or No O
an National Division use your contact information? Yes O or No O
tudy Books: Spiritual Growth Study books are available for purchase online at uwfaith.org/resources/ specification For



Mission u

The Kin-Dom is Among You - DRAWING CLOSER TO GOD AND ONE ANOTHR
July 25-27, 2024

Hotel Information Red Lion Hotel Yakima Center

607 E Yakima Ave Yakima, WA 98901 509-454-2455

Cost: \$154.12 including tax and breakfast

Registration Cost

Early Bird Price — \$125.00 — May 1 - June 30, 2024

Regular Price — \$150.00 — Forms postmarked between July 1 and July 11, 2024

No registration fee for children ages 5-12 accompanied by a parent or

grandparent

PLEASE LIST FUNDING PROVIDED BY					
Local Church/UWF	\$	from:			
District Church/UWF	\$	from:			
Conference Church/UWF	\$	from:			
Personal Check	\$	from:			
Total:	\$	Participants are responsible for the difference.			
Total amount enclosed	\$	Make checks payable to MISSION u			
*Pre-payment, including so	holarship fund	ds, are required. *NO payments accepted at Mission u.			
		mpleted registration form to: Linda Mills, Registrar			

Kent, WA 98031

For questions call or text Linda at 206-399-2302 or email: wmil1218@aol.com

12431 SF 198th PI

A confirmation letter will be emailed to you. If you indicate you do not have an email address the letter will be mailed to you.

Scholarships

Scholarships are available up to \$125.

Scholarship Deadline June 30, 2024.

Please apply to your Local Church, Local UWF unit and District UWF first.

Scholarship Application available at https://www.pnwumc.org/uwfaith/mission-u-forms
Contact: Linda Mills — wmil1218@aol.com — 253-859-2964

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Soul Care Saturday

REFRESH your Soul August 17, 2024

Relaxation, Rejuvenation, Spiritual Nourishment

10:00 a.m. - 3:00 p.m. (Sign-in starts @ 0930)

1242 Highland Avenue

Clarkston, Washington 99403

Registration: \$40 (limited to 45)

Activities, lunch/snacks, music, spiritual practices, and *REFRESH your Soulcare box included*

Soul Care Saturday offers time and space for fun, connecting with others, enrichment and deepening your spiritual relationship. Whether healing, strengthening or flourishing - a day to REFRESH mind, body and spirit is worthwhile!

Event contacts: Kathy M Johnson, phone: 304-667-4820

kmjwvmo@gmail.com

Tana Truscott, phone: 509-295-1626

tnttruscott@gmail.com

United Women in Faith Inland District sponsored event

Welcoming all women of faith no church affiliation or membership required



Soul Care Saturday

REFRESH your Soul - August 17, 2024 REGISTRATION

LAST NAME:		
FIRST NAME:		
EMAIL ADDRESS:		
Preferred Telephoni	E#:	
MAILING ADDRESS: (STREET)		
(Сіту)	(State)	(ZIP CODE)
Total event fee: \$40.00 *To be received with reg	,	•
•	tion and total fee p	oayment to: al Growth Coordinator
*Your confirmation will		Check#
	ver Saturd av	-

United Women in Faith Inland District sponsored event

Questions may be directed to Tana, Program Resources Coordinator Call 509-295-1626 or email thttps://two.org/tana.com

Welcoming all women of faith no church affiliation or membership required

Spokane Valley UWF circle



On April 11, Rachel Circle from Spokane Valley United Women in Faith toured Ronald McDonald House in Spokane. We then made 40 lunches for the families staying in the residence. We provided the food, paper bags, napkins, and sandwich bags. Franz Bread Store donated 5 loaves of bread. Our cost was approximately \$70. If you would like to help this wonderful organization, contact the Volunteer & Outreach Coordinator, Kara Bilbo at 509-624-0500.



Our Vision

Turning Faith, Hope and Love into Action on behalf of women, children and youth around the world.

Our Mission

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities.

We believe love in action can change the world

We have opportunities for membership within our lo9cal churches and individual membership "all access" to help women connect with other women around areas of justice, soul care, and spiritual growth.

We encourage you to explore the many opportunities for making a difference

Through our partnership with Faith Action Network, Legislative Advocacy events, our ongoing work addressing our Charter for Racial Justice, and our focus on justice issues such as breaking the school-to -prison pipeline, maternal health, food insecurity, climate care, and more, we continue to be challenged to ask the "hard questions" and take action individually, locally and globally.

LEADERSHIP DEVELOPMENT DAYS AT LAZY F

April 19-21, 2024 members of the conference and district boards of United Women in Faith met at Lazy F Retreat Center for learning, relaxing and having fun!











UNITED WOMEN IN FAITH 3928 N HOWARD ST SPOKANE WA 99205-1132



United Women in Faith